



Generic Assessment

Activity:

Hill and Mountain Walking
inc. DofE

Location:

UK – Various Locations

Date of Review:

15/01/2022

Assessed by:

Rob Messenger

Date of Next Review:

15/01/2023

What are the Hazards	Who might be harmed	How we are controlling the risks	Who is responsible for carrying out the action
Adverse Weather causing injury/accident	Instructor Accompanying staff Clients	Checking weather conditions before event Monitoring Weather during the event Provide a recommended kit list for clients Pre-event kit check with clients Inform clients before events begin that in the event of adverse conditions that it may be necessary to cancel or change the event Qualified Instructor Any escorting/assisting staff are experienced and competent in the activity Instructor: Client ratio (1:6) if there are more than 6 clients then experienced activity assistants may be used Emergency Action Plan followed First Aid qualified Instructor	Instructor
Injury due to slip/trip/stumble whilst walking	Instructor Accompanying staff Clients	Briefing of clients Appropriate footwear Working in adequate light. Torches will be used if daylight is lost.	Instructor



		<p>Spotting, if appropriate due to height, technicality, experience of client and their ability</p> <p>Medical Forms completed by Clients</p> <p>Experienced and Qualified Instructor, competent activity assistants</p> <p>Emergency Action Plan followed</p> <p>First Aid qualified Instructor</p>	
Injury or death due to being hit by falling object such as rocks	<p>Instructor</p> <p>Accompanying staff</p> <p>Clients</p>	<p>Briefing of Clients to include what to do if you kick a rock loose</p> <p>Head protection available if risk is high</p> <p>Awareness of other mountain users around the group</p> <p>Experienced and Qualified Instructor, competent activity assistants</p> <p>Emergency Action Plan followed</p> <p>First Aid qualified Instructor</p>	<p>Instructor</p> <p>Clients</p>
Injury due to other mountain users	<p>Instructor</p> <p>Accompanying staff</p> <p>Clients</p>	<p>Briefing of group to include possible hazards and to raise anything seen with instructor</p> <p>Experienced and qualified instructor, competent activity assistants</p> <p>Emergency Action Plan followed</p> <p>First Aid qualified Instructor</p>	<p>Instructor</p> <p>Clients</p>
Injury/Death caused by crossing streams/rivers	<p>Instructor</p> <p>Accompanying staff</p> <p>Clients</p>	<p>Briefing before crossing the waterway</p> <p>Qualified and experienced staff</p> <p>Avoid waterway crossings where possible</p> <p>Where not possible, cross waterway inline with current Summer ML training</p> <p>Cross Waterway away from significant risks e.g. weirs, waterfall, deep water and fast flowing rapids</p> <p>First Aid qualified Instructor</p>	<p>Instructor</p>



		<p>Identify any potential risks during the planning phase of the trip and warn clients at the start of the activity.</p> <p>Be aware of weather conditions</p> <p>Experienced and Qualified Instructor, competent Activity Assistants</p> <p>Emergency Action Plan followed</p> <p>First Aid qualified Instructor</p>	
Injury or Death during road Crossing or following a highway	<p>Instructor</p> <p>Accompanying staff</p> <p>Clients</p>	<p>Briefing of clients of the risks</p> <p>Use of pavements and footpaths</p> <p>Use of torches in darkness</p> <p>Step off the road if a vehicle passes</p> <p>Instructor to lead and children to be accompanied by parent/guardian</p> <p>Experienced and qualified instructor and competent activity assistants</p> <p>Emergency Action Plan followed</p> <p>First Aid qualified Instructor</p>	<p>Instructor</p> <p>Clients</p>
Injury when cooking using a stove	<p>Instructor</p> <p>Accompanying staff</p> <p>Clients</p>	<p>Briefing to Clients</p> <p>No cooking in tents</p> <p>Supervision during cooking</p> <p>Adequate lighting when cooking</p> <p>Emergency Action Plan followed</p> <p>First Aid qualified Instructor</p>	Instructor
Injury or damage due to poor pitching of tent	<p>Instructor</p> <p>Accompanying staff</p> <p>Clients</p>	<p>Check of tents once they have been pitched</p> <p>Check of tents before sleeping</p> <p>Before activity ensure tents are suitable for the expected weather conditions</p> <p>Emergency Action Plan</p>	Instructor



		First Aid qualified Instructor	
Fall from height when walking/scrambling	Instructor Accompanying staff Clients	<p>Briefing of clients if there is a scramble ahead</p> <p>If scrambling is the intended activity, briefing of clients before activity</p> <p>Avoid unnecessary risks</p> <p>Spotting of clients, where appropriate to protect them in particularly hazardous locations</p> <p>Availability of a walking rope if the activity necessitates it</p> <p>Conducting of activity within Instructor's qualification. If Summer ML the activity must not plan/intend to use the rope unless the client is nervous or if the instructor decides that they need to have some additional protection</p> <p>If scrambling, Instructor to client ratio 1:4. If more than 4 clients either another instructor is required or an experienced and competent activity assistant</p> <p>Emergency Action Plan</p> <p>First Aid qualified Instructor</p> <p>Where possible and if appropriate the scramble or risk should be avoided and the group walked an alternative route around the hazard</p>	Instructor
Illness or Injury as a result of an ongoing medical issue	Instructor Accompanying staff Clients	<p>Pre-event medical declaration form</p> <p>First Aid qualified Instructor</p> <p>Emergency Action Plan</p> <p>During initial activity brief clients will be asked if there are any illness or injury that the instructor needs to be aware of</p>	Instructor Clients