



Statement of Competence

I am a keen mountaineer with experience of climbing, scrambling and hill walking throughout the UK, Europe and America.

As well as experience in these activities I am also an experienced industrial climber and Rope Access technician, delivering training to industry as well as training rope rescue techniques.

I have been an active member of a Search and Rescue Team since 2009 involved in major searches for missing or lost people, providing first aid and rescue to injured walkers, mountain bikers and climbers. I regularly deliver navigation, rescue, first aid and other relevant training courses to my own and other Search and Rescue Teams.

I am a reflective practitioner and I regularly record my experience to be able to prove my own competence as well as to prove that I am remaining current.

Within the outdoor industry I have experience of working with both adult and young persons. I have also worked with disabled children and children with additional learning needs. Within my day job delivering training to industry, I have worked with a range of people with varying needs and abilities. Having worked around the world delivering work at height and rescue from height training I am able to communicate well with a wide range of people from varying backgrounds and cultures.

I am an active member of the BMC's Technical Advisory Committee where I am not only providing advice from my own experience and area of expertise but also learning and benefitting from other committee members and their own areas of expertise.

I am aware of the importance of CPD and I will maintain a CPD log to prove this, this will be done via the Mountain Training Website or recorded by me using my own system.

The activities that I will provide will be within the Mountain Leader framework and I will not stray outside of this remit. In the eventuality of me working towards a higher qualification such as the Mountaineering Climbing Instructor, I will appoint a Technical Advisor/Mentor to provide me the advice that I need.



Current Qualifications

Academic

- GCSE 4A's, 3B's, 3C's, 1D
- BTEC National Diploma in Sport (Outdoor Education) Triple Grade: (Merit, Merit, Merit)
- BA. Hons Outdoor Activities Management (2:1)

Outdoor Industry

- Climbing Wall Instructor Award
- Summer Mountain Leader
- 3* Kayak and Canoe (personal awards)
- Foundation Safety and Rescue

Industrial

- IRATA Lv1
- Work at Height Instructor
- Rescue at Height Instructor
- Fall Protection Equipment Inspector
- Fall Protection Equipment Inspector Instructor
- Confined Space Instructor

Health, Safety and Quality

- First Aid Instructor (qualsafe)
- Emergency First Aid at Height
- First Aid at Work
- PTLLS
- TAQA Assessor Lv3
- TAQA IQA Lv4
- IOSH Managing Safely
- Safeguarding Children Protection
- Safeguarding Vulnerable Adults
- Enhanced DBS
- Equality and Diversity
- Mental Health First Aid

Rob Messenger